
Substantive Policy Statement

Scope of Practice for Licensed Aestheticians and Cosmetologists

Statement of Scope:

The scopes outlined in this advisory opinion are in conjunction with the [Arizona State Board of Nursing Advisory Opinion revised in March 2019](#) and the [Arizona Department of Health Services Special Licensing](#) Department-Approved cosmetic procedures pursuant to A.A.C. R9-16-603(A)(1)(h). Questions related to other professions need to be referred to the appropriate regulatory Board.

Rationale:

The aesthetic/medical aesthetic industry is evolving rapidly. Aestheticians, and cosmetologists, are at the forefront of this fast-paced industry. Ensuring the Board is keeping up with the industry and staying within the definitions of each license, this scope of practice document is to provide guidance and resources for individuals looking to provide these services.

General Requirements:

- a. An aesthetician or cosmetologist who provides aesthetic services shall have sufficient and appropriate training and continuing education specific to aesthetic procedures as required by this substantive policy statement.
- b. Individuals must be licensed by the appropriate Board of Registration; Barbering & Cosmetology and the Arizona Department of Health Services Bureau of Special Licensing (BSL).
 - i. To provide laser services, an Arizona-licensed cosmetologist or aesthetician must also be licensed as a Certified Laser Technician by the [Arizona Department of Health Services Bureau of Special Licensing \(BSL\)](#).
- c. Licensed aestheticians and cosmetologists must work in an establishment licensed by the Arizona Barbering and Cosmetology Board.
- d. All lasers, radiofrequency devices, and intense pulsed light equipment must be registered with the Arizona Department of Health Services Bureau of Special Licensing (BSL).

This substantive policy statement is advisory only. A substantive policy statement does not include internal procedural documents that only affect the agency's internal procedures and does not impose additional requirements or penalties on regulated parties or include confidential information or rules made in accordance with the Arizona Administrative Procedures Act. If you believe that this substantive policy statement does impose additional requirements or penalties on regulated parties, you may petition the agency under Arizona Revised Statutes § 41-1033 for a review of the statement.

Cosmetic/Aesthetic Procedures	Eyelash Technician	Aesthetician	Barber	Cosmetologist	Laser Technician	Not Regulated
Electricity Modalities						
Galvanic Current – skin care only		X	X	X		
Thermolysis – skin care only		X	X	X		
Iontophoresis		X		X		
Cryo-electrophoresis		X		X		
Cryotherapy		X		X		
Cathodermie		X		X		
Body Contouring/Tightening (e.g. CoolSculpting®, Emsculpt®, Morpheus8 Body®)		X		X		
Ultrasound						
Cavitation		X		X		
High Intensity Frequency Ultrasound (HIFU) (e.g. Ulthera®) (Licensed independent practioner order required)		X		X		
Heat Therapy						
Saunas Thermolysis		X		X		
Mechanical Modalities						
Exfoliation		X	X	X		
Microdermabrasion		X		X		
Microneedling (maximum depth < 0.5mm)		X		X		
Power facial cleanser devices (HydraFacials®)		X		X		
Microcurrent Facial		X		X		
Lymphatic Drainage		X		X		
Cellulite Treatment /Non-invasive fat destruction		X		X		
Nano-needling		X		X		
Electro Muscular Therapy						X
RF Vacuum Therapy						X
Dermarolling						
Laser						
Non-ablative for hair removal only					X	
Skin Rejuvenation					X	
Non-Ablative Skin Resurfacing					X	
Spider Vein Reduction					X	
Skin Tightening					X	
Wrinkle Reduction					X	
Laser Peel					X	
Telangiectasia Reduction					X	
Acquired Adult Hemangioma Reduction					X	
Facial Erythema Reduction					X	
Solar Lentigo Reduction (Age Spots)					X	
Ephelis Reduction (Freckles)					X	
Acne Scar Reduction					X	
Photo Facial					X	
Cellulite Reduction					X	
Non-Ablative Tattoo Removal					X	
Laser lipolysis					X	
Massage						
Hand to elbow, foot to knee		X	X	X		
Face (non-therapeutic)		X	X	X		
Full Body Massage (non-therapeutic)		X	X	X		
Full Body Wraps		X	X	X		
Topical Chemical Applications						
Exfoliation		X	X	X		
Chemical Peels (light depth)		X	X	X		
Chemical Peels (medium depth) (Licensed independent practioner order required)		X	X	X		
Hair Coloring & Perming			X	X		
Light						
Photo Dynamic Therapy with ALA [aminolevulinic acid e.g. Levulan (Kerastick®)] ((Licensed independent practioner order required)		X		X		
Application of Cosmetic Preparations						

Clean, manipulate & stimulate skin via facials, face masks, body wraps		X	X	X		
Clean, manipulate & stimulate skin via paraffin wraps		X	X	X		
Hair Removal						
Tweezing		X	X	X		
Waxing		X	X	X		
Threading						X
Sugaring		X	X	X		
Dermaplane Exfoliation		X	X	X		
Beautification						
Lash Lifts		X		X		
Eyelash Extensions	X	X		X		
Manicures & Pedicures				X		
Scalp Care (not including hair restoration)			X	X		
Eyelash and Brow Tinting		X		X		
Brow Lamination		X		X		
Lip Blushing						X
Permanent Make-up						X