

## **Substantive Policy Statement**

# Scope of Practice for Licensed Aestheticians and Cosmetologists

### Statement of Scope:

The scopes outlined in this advisory opinion are in conjunction with the <u>Arizona State Board of Nursing</u> <u>Advisory Opinion revised in March 2019</u> and the <u>Arizona Department of Health Services Special</u> <u>Licensing</u> Department-Approved cosmetic procedures pursuant to A.A.C. R9-16-603(A)(1)(h). Questions related to other professions need to be referred to the appropriate regulatory Board.

#### Rationale:

The aesthetic/medical aesthetic industry is evolving rapidly. Aestheticians and cosmetologists are at the forefront of this fast-paced industry. Ensuring the Board is keeping up with the industry and staying within the definitions of each license, this scope of practice document is to provide guidance and resources for individuals looking to provide these services.

#### **General Requirements:**

- a. An aesthetician or cosmetologist who provides aesthetic services shall have sufficient and appropriate training and continuing education specific to aesthetic procedures as required by this substantive policy statement.
- b. Individuals must be licensed by the appropriate Board of Registration; Barbering & Cosmetology and the Arizona Department of Health Services Bureau of Special Licensing (BSL).
  - i. To provide laser services, an Arizona-licensed cosmetologist or aesthetician must also be licensed as a Certified Laser Technician by the <u>Arizona Department of Health Services</u> <u>Bureau of Special Licensing (BSL)</u>.
- c. Licensed aestheticians and cosmetologists must work in an establishment licensed by the Arizona Barbering and Cosmetology Board.
- d. All lasers, radiofrequency devices, and intense pulsed light equipment must be registered with the Arizona Department of Health Services Bureau of Special Licensing (BSL).

This substantive policy statement is advisory only. A substantive policy statement does not include internal procedural documents that only affect the agency's internal procedures and does not impose additional requirements or penalties on regulated parties or include confidential information or rules made in accordance with the Arizona Administrative Procedures Act. If you believe that this substantive policy statement does impose additional requirements or penalties on regulated parties, you may petition the agency under Arizona Revised Statutes § 41-1033 for a review of the statement.

Electricly ModalitiesIVVVVVVCalvano Current - sain care onlyIXXXXIIInterphysis - skin care onlyXXXXXIIChoolescheit CophonesisXXXXXIICy-belet cophonesisXXXXXIICaluademineXXXXXIIBody Contouring Tightening (e.g. CoolSoupting), Emacuty85, Morpheus8 Body8)XXXXXIIUntrasoundXXXXXXXIIICastiationXXXXXXXXIIIHigh Intensity Frequency Utassound (HIFU) (e.g. Uthera60) (iconsed independent practioner order required)XXXXXIIIHeat TheoryXXXXXXXXII<	Cosmetic/Aesthetic Procedures	Eyelash Technician	Aesthetician	Barber	Cosmetologist	Laser Technician	Not Regulated
Calabase Current - skin care onlyXXX <t< th=""><th>Electricity Medellities</th><th>Ey</th><th>Ae</th><th>Ba</th><th>ပိ</th><th>Ľ</th><th>٩</th></t<>	Electricity Medellities	Ey	Ae	Ba	ပိ	Ľ	٩
Thermony introphonysis – skin care onlyNNNNNCryolebrayNN	-		V	V	V		
intropresisNNN							
Cryoletacy Cyroletacy CyroletacyXXXXXXCahlodornie Bady Contouring/Tightania (e.g. CoolSculpting), Emaculpti, MorpheusB Body(o)XX				*			
CryotherapyXXX							
Cartholowine Body Contouring/Tiphening (e.g. CoolSculpting): Emeculptile. MorphaueB Body (b)XXX <td></td> <td></td> <td></td> <td></td> <td></td> <td></td> <td></td>							
Body Contouring/Tightening (e.g. CoolScupting8, Emscuptie8, Morpheus8 Body@)XXXXXXCaviationXX <t< td=""><td></td><td></td><td></td><td></td><td></td><td></td><td></td></t<>							
UtrasondUtrasond (HFU) (e.g. Uthersê) (Licensed independent practioner drei required)Image: Section 1Image: Section 1 <t< td=""><td></td><td></td><td></td><td></td><td></td><td></td><td></td></t<>							
indpIndexImageI	Ultrasound				~		
ander required)NXXXXSauns ThermolysisXXXXXXBurchanical ModalitiesXXXXXXEndisitionXXXXXXXMicroneeding (maximum depth < 0.5mm)			Х		Х		
Sauns ThermolysisImage: state			x		х		
Mechanical ModalitiesImage: Mathematical ModalitiesImage: Mathematical ModalitiesImage: Mathematical ModalitiesErdoliationXXXXXXMicrodermalysaionXX <td< td=""><td>Heat Therapy</td><td></td><td></td><td></td><td></td><td></td><td></td></td<>	Heat Therapy						
EnditionIXXXXMicroadering (maximum depth < 0.5mm)	Saunas Thermolysis		Х		Х		
NicrodermainanceNicroane <th< td=""><td>Mechanical Modalities</td><td></td><td></td><td></td><td></td><td></td><td></td></th<>	Mechanical Modalities						
Nicrocentify (maximum) depth = 0.5mm)XXXXXPower facial cleanser devices (HydraFacials®)XXXXXXXLymphatic DrainageXXX <td>Exfoliation</td> <td></td> <td>Х</td> <td>Х</td> <td>Х</td> <td></td> <td></td>	Exfoliation		Х	Х	Х		
Power facial cleanser devices (Hydra Facials®)XXXXMicrocurrent FacialXXXXXLymphatic DrainageXXXXXCelluite Treatment /Non-invasive fat destructionXXXXXNano-needlingXXXXXXElectro Muscular TherapyXXXXXDemarcellingXXXXXXDemarcellingXXXXXXDemarcellingXXXXXXDemarcellingXXXXXXSkin RejuvenationXXXXXXNon-ablative for hair removal onlyXXXXXXXSkin RejuvenationXXXXXXXXXSkin TighteningXXX <t< td=""><td>Microdermabrasion</td><td></td><td>Х</td><td></td><td>Х</td><td></td><td></td></t<>	Microdermabrasion		Х		Х		
Microcurrent Facial     X	Microneedling (maximum depth < 0.5mm)		Х		Х		
Lymphatic DrainageXXXXCelluite Treatment Mon-invasive fat destructionXXXXNano-needingXXXXXElectro Muscular TherapyIXXXXR Vacuum TherapyIIIIXXR Vacuum TherapyIIIIIXXR Vacuum TherapyIIIIIIXXR Vacuum TherapyII <tdi< td=""><td>Power facial cleanser devices (HydraFacials®)</td><td></td><td>Х</td><td></td><td>Х</td><td></td><td></td></tdi<>	Power facial cleanser devices (HydraFacials®)		Х		Х		
Cellulite Treatment /Non-invasive fat destructionXXXNano-needingXXXXElectro Muscular TherapyXXXXRF Vacuum TherapyXXXXDemanolingXXXXEaserXXXXXNon-ablative for hair removal onlyXXXXSkin RejuvenationXXXXXNon-ablative Skin ResurfacingXXXXSpider Vein ReductionXXXXXWrinkle ReductionXXXXXVein ReductionXXXXXSolar Lettro ReductionXXXXXAcquired Adult Hemangioma ReductionXXXXSchar Lettro Reduction (Freekles)XXXXAcre Scar ReductionXXXXXCellulte Reduction (Freekles)XXXXXAcne Scar ReductionXXXXXHand to elbow, foot to kneeXXXXXXFacia IrolysisXXXXXXXFacia IrolysisXXXXXXXFacia IrolysisXXXXXXXFacia IrolysisXXXXXXX	Microcurrent Facial		Х		Х		
Nano-needlingXXXXElectro Muscular TherapyIIIIXXRe Yacuum TherapyIIIIIXXDemarollingII<	Lymphatic Drainage		Х		Х		
Nano-needlingXXXXElectro Muscular TherapyIIIIXXRef Vacuum TherapyIIIIIXXDemarollingII	Cellulite Treatment /Non-invasive fat destruction		х		х		
Electro Musoular TherapyImage: Constraint of the sector of th	Nano-needling		Х				
RF Vacuum Therapy   Image   Image <td>-</td> <td></td> <td>-</td> <td></td> <td></td> <td></td> <td>Х</td>	-		-				Х
DermarollingIntermetable </td <td></td> <td></td> <td></td> <td></td> <td></td> <td></td> <td></td>							
LaserImage: state in the state i							
Skin RejuvenationImage: Skin ResurfacingImage: Skin Resurfac							
Non-Abiative Skin ResurfacingImage: S	Non-ablative for hair removal only					Х	
Spider Vein Reduction   Image: Spider Vein Reduction (Age Spots)   Image: Spider Vein Reduction   Image: Spider Vein Red	Skin Rejuvenation					Х	
Skin TighteningImage: Skin Tightening	Non-Ablative Skin Resurfacing					Х	
Winkle ReductionImage: Constraint of the second	Spider Vein Reduction					Х	
Laser PeelImage: Constant of the second of the	Skin Tightening					Х	
Telangiectasia ReductionImage: Constraint of the second secon	Wrinkle Reduction					Х	
Acquired Adult Hemangioma ReductionImage: Constraint of the section of	Laser Peel					Х	
Facial Erythema ReductionImage: Marce Mar	Telangiectasia Reduction					Х	
Solar Lentigo Reduction (Age Spots)Image: Constraint of the spot	Acquired Adult Hemangioma Reduction					Х	
Ephelis Reduction (Freckles)XXAcne Scar ReductionXXPhoto FacialXXCellulite ReductionXXNon-Ablative Tattoo RemovalXXLaser lipolysisXXMassageXXHand to elbow, foot to kneeXXFace (non-therapeutic)XXFull Body WrapsXXTopical Chemical ApplicationsXXExfoliationXXChemical Peels (light depth)XXChemical Peels (medium depth) (Licensed independent practioner order required)XXHair Coloring & PermingXXXLightImage Augustic	Facial Erythema Reduction					Х	
Acne Scar ReductionImage: Market	Solar Lentigo Reduction (Age Spots)					Х	
Photo FacialImage: style styl	Ephelis Reduction (Freckles)					Х	
Cellulite ReductionImage: status of the status	Acne Scar Reduction					Х	
Non-Ablative Tattoo RemovalImage: state of the state of th	Photo Facial					Х	
Laser lipolysisImage: state of the state of t	Cellulite Reduction					Х	
MassageImage: Note of the set	Non-Ablative Tattoo Removal					Х	
Hand to elbow, foot to kneeXXXXFace (non-therapeutic)XXXXFull Body Massage (non-therapeutic)XXXXFull Body WrapsXXXXXTopical Chemical ApplicationsXXXXXExfoliationXXXXXXChemical Peels (light depth)XXXXXXChemical Peels (medium depth) (Licensed independent practioner order required)XXXXXHair Coloring & PermingXXXXXXPhoto Dynamic Therapy with ALA [aminolevulinic acid e.g. Levulan (Kerastick®)] ((Licensed independent practioner order required)XXXX	Laser lipolysis					Х	
Face (non-therapeutic)XXXXFull Body Massage (non-therapeutic)XXXXFull Body WrapsXXXXXTopical Chemical ApplicationsXXXXXExfoliationXXXXXXChemical Peels (light depth)XXXXXXChemical Peels (medium depth) (Licensed independent practioner order required)XXXXXHair Coloring & PermingXXXXXXPhoto Dynamic Therapy with ALA [aminolevulinic acid e.g. Levulan (Kerastick®)] ((Licensed independent practioner order required)XXXX	Massage						
Full Body Massage (non-therapeutic)XXXXFull Body WrapsXXXXXTopical Chemical ApplicationsXXXXExfoliationXXXXXChemical Peels (light depth)XXXXXChemical Peels (medium depth) (Licensed independent practioner order required)XXXXHair Coloring & PermingXXXXXLightImage: State of the state	Hand to elbow, foot to knee		Х	Х	Х		
Full Body WrapsXXXXTopical Chemical ApplicationsXXXXExfoliationXXXXXChemical Peels (light depth)XXXXXChemical Peels (medium depth) (Licensed independent practioner order required)XXXXHair Coloring & PermingXXXXXLightImage: Coloring Colorin	Face (non-therapeutic)		Х	Х	Х		
Topical Chemical ApplicationsImage: Constraint of the image: Constraint	Full Body Massage (non-therapeutic)		Х	Х	Х		
ExfoliationXXXXChemical Peels (light depth)XXXXChemical Peels (medium depth) (Licensed independent practioner order required)XXXXHair Coloring & PermingXXXXXLightImage: Coloring with ALA [aminolevulinic acid e.g. Levulan (Kerastick®)] ((Licensed independent practioner order required)XXXX	Full Body Wraps		Х	Х	Х		
Chemical Peels (light depth)XXXXChemical Peels (medium depth) (Licensed independent practioner order required)XXXXHair Coloring & PermingXXXXXLightImage: Coloring with ALA [aminolevulinic acid e.g. Levulan (Kerastick®)] ((Licensed independent practioner order required)XXXX	Topical Chemical Applications						
Chemical Peels (medium depth) (Licensed independent practioner order required)   X   X   X   X     Hair Coloring & Perming   X   X   X   X   X     Light   Image: Coloring the	Exfoliation		Х	Х	Х		
Hair Coloring & Perming   X   X   X     Light   Image: Coloring & Perming   Image: Coloring & Perming   X   X   X   X     Photo Dynamic Therapy with ALA [aminolevulinic acid e.g. Levulan (Kerastick®)] ((Licensed independent practioner order required)   X   X   X   X   X	Chemical Peels (light depth)		Х	Х	Х		
Light Image: Constraint of the second seco	Chemical Peels (medium depth) (Licensed independent practioner order required)		Х	Х	Х		
Light Image: Constraint of the const				Х			
Photo Dynamic Therapy with ALA [aminolevulinic acid e.g. Levulan (Kerastick®)] ((Licensed independent practioner order required) X X	Light						
	Photo Dynamic Therapy with ALA [aminolevulinic acid e.g. Levulan (Kerastick®)] ((Licensed independent practioner order required)		x		х		
	Application of Cosmetic Preparations						

Clean, manipulate & stimulate skin via facials, face masks, body wraps		Х	Х	Х	
Clean, manipulate & stimulate skin via paraffin wraps		Х	Х	Х	
Hair Removal					
Tweezing		Х	Х	Х	
Waxing		Х	Х	Х	
Threading					Х
Sugaring		Х	Х	Х	
Dermaplane Exfoliation		Х	Х	X	
Beautification					
Lash Lifts		Х		Х	
Eyelash Extensions	Х	Х		Х	
Manicures & Pedicures				Х	
Scalp Care (not including hair restoration)			Х	Х	
Eyelash and Brow Tinting		Х		X	
Brow Lamination		Х		Х	
Lip Blushing					Х
Permanent Make-up					Х